

2019/2020 PROGRAM GUIDE

Join Our Cause to Beat The Odds!

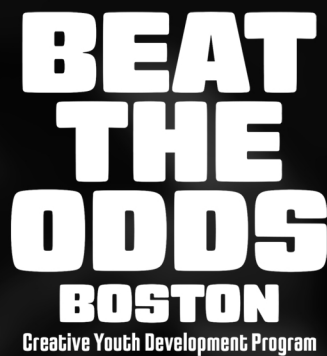
24 week program

Monday - Friday / 5:00pm - 8:00pm

Lena Park Community Development Corporation

150 American Legion Hwy

Dorchester, MA 02124



OUR MISSION

Beat the Odds is dedicated to serving under-resourced youth in Boston's low-income communities through its Creative Youth Development Program. With the recent decline of funding for music and art programs in public schools, we aim to help fill that void by providing students with a unique opportunity to explore their creativity and unlock their hidden talents. Our mission is to provide a safe space, where young people will have access to the creative tools necessary to inspire self-awareness and encourage mental health and healing from trauma through music and arts.

For more information, contact us at:

857-800-2286
Info@BTOBoston.org
@BTOBoston
www.BTOBoston.org

PROGRAM FLOW | 2019-2020

MARATHON MONDAY

Marathon Mondays is an empowerment group that will create a brave space for our program participants to have honest conversations about:

What is Mental Health?

This workshop is designed to teach the importance of mental health and to address the stigma behind mental health in our communities of color.

Self-Love

The goal of this workshop is to teach our youth how to have a positive view of themselves so they can feel confident, empowered and understand their worth.

Healthy Relationships

This work-shop will be facilitated by Casa Myrna's Youth Peer leaders. They will talk about the signs of unhealthy relationships and dating violence.

Financial Literacy

This workshop is designed to help our youth participants understand the importance of setting up budgets, establish savings accounts, learning to build and maintain credit and save for their future.

Addressing Community Violence & Relationships with Law Enforcement:

This workshop is designed to allow our program participants an opportunity to have an open discussion about how they feel when violence occurs in their communities and their relationship with law enforcement.

College Prep

This workshop focuses on helping students develop a specific plan and career path. Topics that will be covered include college and major search, exam prep, registration, and financial aid info.

Job Readiness

This workshop is designed to give our youth participants the tools they need to obtain and sustain employment.

Entrepreneurship

This workshop is designed to inspire young people to become innovative change-makers.



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TUESDAY

Artist Development

Artist Development gives our talented youth participants a unique opportunity to develop their brand and creative portfolios. Through the creative process, we engage our youth by equipping them with the knowledge, tools, and mentorship needed to hone their craft while igniting a desire to pursue their dreams.

WEDNESDAY

Music Production

Music Production allows our participants to have a hands-on experience learning the ins and outs of modern music production. They will be able to unlock and express their creativity with the use of the latest digital audio workstation programs and technology. Participants will also learn how to protect and monetize their music in the digital age.

THURSDAY

Creative Lab

Creative Lab is an extension of our Artist Development and Music Production program. This day is dedicated to allowing our youth participants an opportunity to experiment and work on their craft and assigned projects.

FRIDAY

Dance & Performing Arts

This class will allow our program participants to learn how to create their choreography and put together a show. We will guide the students while they tune into themselves and learn how to express themselves through dance.

Behind The Scenes at Beat The Odds

It's no secret that every talented individual has a dedicated team working behind the scenes contributing to their success. At Beat the Odds we have created two important roles to add to our unique program. These positions include:

Digital Content Creators:

Participants are responsible for capturing photos and footage of our program in real-time. They will learn to utilize a camera and design software to help tell our story.

Project Assistants:

These participants will assist program instructors on a day to day basis with organizing and overseeing each project. They will also work collectively with other participants to strategize and coordinate our end of the school year showcase.



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FAB LAB WORKSHOP / S.T.E.A.M.

This workshop is designed to give our youth participants an opportunity to utilize 3D printers, embroidery machines and vinyl printers to create their custom brand apparel and accessories. This workshop will provide S.T.E.A.M. (science, technology, engineering, art, math) education to youth using the arts as the delivery vehicle in an engaging way to instill an early interest in the scientific method, provide useful technical skills, and introduce systems thinking. Project-based learning can help students think creatively about design challenges to find innovative solutions.

COMMUNITY EVENT



VIOLENCE PREVENTION WORKSHOP

Beat The Odds and it's youth participants will collaborate with Moms Demand Action for Gun Sense in America (part of a nationwide gun violence awareness).

We will plan and organize our yearly violence prevention community event.

This event will engage our community to improve the health and well-being of all citizens with a family fun-filled day! The event will offer artistic expression, empowering information, athletic competition and civic discussion to build connections and create safer communities in Greater Boston.



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